



Hearbright, an Audiology Corporation

□ 2577 Samaritan Drive #755
San Jose, CA 95124
Tel: (408) 358-5093

□ 200 Jose Figueres Ave. #280
San Jose, CA 95116
Tel: (408) 937-8900

□ 3425 S.Bascom Avenue #B
Campbell, CA 95008
Tel: (408) 371-8970

PATIENT INSTRUCTIONS FOR VIDEONYSTAGMOGRAPHY TESTING.

Your physician has ordered a VNG test.

Follow the instruction below. Call our office at (408) 358-5093 if you have any questions.

- VNG is performed at our Samaritan office only. Phone: (408) 358-5093.
- Arrive 15 minutes early to the appointment to complete paperwork. Please bring the referral sheet with you to the appointment.
- You must have a driver take you home following the test.
- Test time is approximately 1 ½ hours.
- Do not eat a heavy meal before testing.
- Do not wear make up, facial creams, or any perfume or cologne
- Wear sweats or other comfortable clothing.
- Do not wear a dress or skirt.
- Please **do not ingest** the following for **48 hours** prior to your appointment. **Please consult with your physician prior to any change of medications or drugs you are taking under the care of your physician.**
 - Alcohol
 - Stimulants
 - Marijuana
 - Aspirin
 - Sedatives
 - Medications to treat vertigo (please call your referring physician for permission before you stop taking medications).
- Following testing, the results will be mailed or faxed to your referring physician.

Physician name:

Physician Signature: _____ **Date:** _____